

Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10166

Santiago® Seasoned Vegetarian Refried Beans w/Whole Beans, 6/28.1 oz pouches



Nutrition Information		
Seasoned Vegetarian Refried Beans w/Whole Beans		
USDA Vegetable and Meat Alternate Contribution Equivalent	¼ cup	½ cup
	(24.97) g	(49.94) g
Calories	92.07	184.14
Protein	5.34 g	10.67 g
Carbohydrate	15.72 g	31.43 g
Dietary Fiber	5.29 g	10.58 g
Sugars	0.23 g	0.45 g
Total Fat	0.88 g	1.75 g
Trans Fat	0.01 g	0.01 g
Saturated Fat	0.33 g	0.65 g
Cholesterol	0.00 mg	0.00 mg
Iron	1.27 mg	2.53 mg
Calcium	29.35 mg	58.70 mg
Sodium	337.51 mg	675.02 mg
Potassium	251.14 mg	502.28 mg
Vitamin A	0.37 IU	0.74 IU
Vitamin C	0.52 mg	1.04 mg

SERVING SIZE WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.89 oz	1/4 cup vegetable legume equivalent	32	192
5.79 oz	1/2 cup vegetable legume equivalent	16	96
2.84 oz	1 oz meat/meat alternate	32.5	195
4.3 oz	1.5 oz meat/meat alternate	21.5	129

Ingredients: PINTO BEANS (DRY), SALT, CONTAINS 2% OR LESS OF: ONION, MALTODEXTRIN, GARLIC, NATURAL FLAVOR, (CONTAINS TORULA YEAST), YEAST EXTRACT, SPICE, LACTIC ACID, CALCIUM LACTATE, PALM OIL.

Package Weight: 1.76 pounds

Recipe Weight as Prepared: 5.8 pounds

Dry Bean Content: 1.76 pounds x 0.91 (% of Package Weight of which is bean) = 1.6 pounds

Food Buying Guide Yield:

- 1 pound = 20.5 quarter cup Vegetable: Legume Servings
- 1 pound = 20.5 M/MA ounce equivalents
- 1 pound = 13.6 M/MA 1.5 ounce equivalents

Servings Per Package/Recipe As Prepared:

- 1.6 pounds of Dry Beans per package X 20.5 per pound yield = 32.8 quarter cups divided by 4 = 8.2 cups=
- 32 quarter cup Vegetable: Legume Servings; or
- 16 half cup Vegetable: Legume Servings; or
- 32.5 M/MA one ounce equivalents; or
- 1.6 pounds of Dry Beans per package X 13.6 per pound yield = 21.76 1.5 M/MA ounce equivalents=
- 21.5 M/MA 1.5 ounce equivalents
- 5.8 pounds of Beans as prepared divided by:
- 32 quarter cup servings = 0.181 pounds (2.89 oz.) per quarter cup Vegetable Legume serving; or
- 16 half cup servings = 0.362 pounds (5.79 oz.) per half cup Vegetable Legume serving; or
- 32.5 one ounce equivalents = 0.178 pounds (2.84 oz.) per 1 MA one ounce equivalents; or
- 21.5 1.5 ounce equivalents = 0.269 pounds (4.3 oz.) per MA 1.5 ounce equivalents

I certify that the above information is true and correct when prepared according to directions.

KR Zaugg

Keith Zaugg, Director QRO

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Santiago® Seasoned Vegetarian Refried Beans w/Whole Beans, 120 half-cup servings per case, convenient, 6/28.1 oz pouches

SKU 10166

PACKAGING

GTIN:	10011140101660	Shelf Life:	270 Days (minimum)
Kosher (O-U):	No	Case Gross Weight (imperial):	11.47 LB
Unit Quantity:	6	Unit Size:	28.1 OZ



GENERAL DESCRIPTION

Enjoy the authentic taste and texture of scratch made refried beans in just minutes with Santiago® "Speed Scratch" Refried Beans. We have washed, soaked, pre-cooked, seasoned, and dried our beans to save you time and labor. Our proprietary drying process locks in the from scratch taste, texture, and aroma patrons demand. This product is made with no preservatives, no artificial colors or flavors. To prepare simply add boiling water, set, and serve. Spice up your menu with these pre-seasoned, vegetarian beans. Ready in 25 minutes. A value product with 20 half-cup servings per pouch and 120 half-cup servings per case. Participates in Value Plus foodservice operator programs.

NUTRITION

Nutrition Facts

Serving Size About 1/3 cup Unprepared, About 1/2 cup Prepared

Amount Per Serving

Calories 140
Energy 140

Calories from Fat 10

	% Daily Value*
Total Fat 1.5 g	2%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 530 mg	22%
Total Carbohydrate 25 g	8%
Dietary Fiber 8 g	32%
Sugars 0 g	
Protein 8 g	

Vitamin A 0 %
Calcium 4 %

Vitamin C 2 %

Iron 10 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

SERVING SUGGESTIONS

Santiago® Refried Beans are an authentic Mexican style bean - perfect as a side or ingredient. Mix in ingredients for delicious variations such as Chorizo & Cinnamon, Tequila & Lime, Mole & Beer, or Chipotle & Chicharrones. Or add to Mexican favorites such as tacos or burritos.

PREPARATION AND COOKING INSTRUCTIONS

Step 1: Pour 1 pouch of Santiago® Beans into 4 inch deep half steamtable pan. Step 2: Quickly pour 1/2 gallon boiling water over beans and cover. Step 3: Allow beans to sit on steamtable for 25 minutes. Step 4: Season, stir, serve.

LIST OF INGREDIENTS

PINTO BEANS (DRY), SALT, CONTAINS 2% OR LESS OF {ROAST FLAVOR [MALTODEXTRIN, YEAST EXTRACT, SOY SAUCE (SOYBEANS, WHEAT, SALT), NATURAL FLAVORS], ONION, GARLIC, SPICE, SOY SAUCE POWDER [SOY SAUCE (WHEAT, SOYBEANS, SALT), MALTODEXTRIN, SALT], NATURAL MESQUITE SMOKE FLAVORING (MALTODEXTRIN, NATURAL FLAVOR), PALM OIL. CONTAINS SOY AND WHEAT INGREDIENTS.

PACKAGING/STORAGE INFORMATION

Store cool dry (less than 80 degrees F)

OTHER INFORMATION

Product of US



Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10298 Santiago® QUICK-START® Vegetarian Chili w/Red Beans, 6/20.8 oz pouches



Nutrition Information		
Santiago® QUICK-START® Vegetarian Chili w/Red Beans		
USDA Vegetable and Meat Alternate Contribution Equivalent	¼ cup (36.88) g Dry	½ cup (73.75) g Dry
Calories	139.54	279.07
Protein	7.10 g	14.19 g
Carbohydrate	25.98 g	51.95 g
Dietary Fiber	6.33 g	12.66 g
Sugars	3.72 g	7.43 g
Total Fat	0.81 g	1.61 g
Trans Fat	0.00 g	0.00 g
Saturated Fat	0.06 g	0.12 g
Cholesterol	0.00 mg	0.00 mg
Iron	2.69 mg	5.37 mg
Calcium	48.55 mg	97.09 mg
Sodium	366.64 mg	733.27 mg
Potassium	286.29 mg	572.58 mg
Vitamin A	305.50 IU	611.00 IU
Vitamin C	13.04 mg	26.07 mg

SERVING SIZE WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
6.28 oz	1/4 cup vegetable legume equivalent	16	96
12.59 oz	1/2 cup vegetable legume equivalent	8	48
6.09 oz	1 oz meat/meat alternate	16.5	99
9.15 oz	1.5 oz meat/meat alternate	11	66

Ingredients: RED BEANS (DRY), TOMATO, CHILI PEPPER, ONION, SUGAR, SALT, MODIFIED CORN STARCH, SPICE, GREEN BELL PEPPER, GARLIC, CITRIC ACID, CALCIUM CHLORIDE, NATURAL FLAVOR.

Package Weight: 1.3 pounds

Recipe Weight as Prepared: 6.3 pounds

Dry Bean Content: 1.3 pounds x 0.63 (% of Package Weight of which is bean) = 0.81 pounds

Food Buying Guide Yield:

- 1 pound = 20.4 quarter cup Vegetable: Legume Servings
- 1 pound = 20.4 M/MA ounce equivalents
- 1 pound = 13.6 M/MA 1.5 ounce equivalents

Servings Per Package/Recipe As Prepared:

- 0.81 pounds of Dry Beans per package X 20.4 per pound yield = 16.52 quarter cups divided by 4 = 4.13 cups=
 - 16 quarter cup Vegetable: Legume Servings; or
 - 8 half cup Vegetable: Legume Servings; or
 - 16.5 M/MA one ounce equivalents; or
- 0.81 pounds of Dry Beans per package X 13.6 per pound yield = 11.01 1.5 M/MA ounce equivalents=
 - 11 M/MA 1.5 ounce equivalents
- 6.3 pounds of Beans as prepared divided by:
 - 16 quarter cup servings = 0.393 pounds (6.28 oz.) per quarter cup Vegetable Legume serving; or
 - 8 half cup servings = 0.787 pounds (12.59 oz.) per half cup Vegetable Legume serving; or
 - 16.5 one ounce equivalents = 0.381 pounds (6.09 oz.) per 1 MA one ounce equivalents; or
 - 11 1.5 ounce equivalents = 0.572 pounds (9.15 oz.) per MA 1.5 ounce equivalents

I certify that the above information is true and correct when prepared according to directions.

KR Zaugg

Keith Zaugg, Director QRO

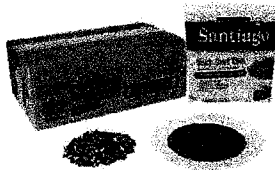
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Santiago® QUICK-START® Vegetarian Chili w/Red Beans,
(based on 1 cup serving), 54 one cup servings per case,
convenient, 6/20.8 oz pouches

SKU 10298

PACKAGING

GTIN:	10011140102988	Shelf Life:	365 Days (minimum)
Kosher (O-U):	PAREVE	Case Gross Weight (imperial):	8.51 LB
Unit Quantity:	6	Unit Size:	20.8 OZ



GENERAL DESCRIPTION

Enjoy the authentic taste and texture of scratch made chili in just minutes with Santiago® Quick-Start® Chili with Red Beans. We have washed, soaked, pre-cooked, seasoned, and dried our beans to save you time and labor. Our proprietary drying process locks in the from scratch taste, texture, and aroma patrons demand. This product is made with no preservatives, no artificial colors or flavors. To prepare simply add boiling water, simmer, and serve. Serve our easy prep, seasoned chili as packaged for a vegetarian offering or add your choice of cooked meat, diced vegetables, or other beans. Ready in 15 minutes. A value product with 9 one cup servings per pouch and 54 one cup servings per case. Participates in Value Plus foodservice operator programs.

NUTRITION

Nutrition Facts

Serving Size About 1/2 cup Unprepared, About 1 cup Prepared

Amount Per Serving

Calories 240

Calories from Fat 10

Energy 240

	% Daily Value*
Total Fat 1.5 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 630 mg	26%
Total Carbohydrate 44 g	15%
Dietary Fiber 11 g	44%
Sugars 6 g	
Protein 12 g	

Vitamin A 10 %	Vitamin C 35 %
Calcium 8 %	Iron 25 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

SERVING SUGGESTIONS

Serve our easy prep, seasoned chili as packaged for a vegetarian item, or add your choice of cooked meat, diced vegetables, or other beans for a signature offering.

PREPARATION AND COOKING INSTRUCTIONS

Step 1: In a 4-quart pot, add 2 1/2 quarts of hot water and 1 pouch of Santiago® QUICK-START® Chili with Red Beans. Step 2: Heat to a boil. Reduce heat and simmer covered for a minimum of 15 minutes, stirring occasionally. Step 3: Stir prior to serving. Optional: In step 1, add your choice of pre-cooked ingredients such as meats, diced vegetables, or other beans. Crock-Pot®: Step 1: Add 2 1/2 quarts of hot water and 1 pouch of Santiago® QUICK-START® Chili with Red Beans. Step 2: Set on high for 3 hours or low for 4 hours. Step 3: Stir and serve.

LIST OF INGREDIENTS

RED BEANS (DRY), TOMATO, CHILI PEPPER, ONION, SUGAR, SALT, MODIFIED CORN STARCH, SPICE, GREEN BELL PEPPER, GARLIC, CITRIC ACID, CALCIUM CHLORIDE, NATURAL FLAVOR.

PACKAGING/STORAGE INFORMATION

Store cool dry (less than 80 degrees F)

OTHER INFORMATION

Product of US



Child Nutrition Meal Pattern Contribution

Basic American Foods SKU 10302

Santiago® Smart Servings™ Low Fat Vegetarian Refried Beans w/ Whole Beans, 6/26.25 oz pouches



Nutrition Information		
Low Fat Vegetarian Refried Beans w/ Whole Beans		
USDA Vegetable and Meat Alternate Contribution Equivalent	¼ cup (23.10) g	½ cup (46.19) g
Calories	83.99	167.98
Protein	5.17 g	10.33 g
Carbohydrate	15.00 g	29.99 g
Dietary Fiber	5.16 g	10.31 g
Sugars	0.20 g	0.39 g
Total Fat	0.38 g	0.75 g
Trans Fat	0.00 g	0.00 g
Saturated Fat	0.08 g	0.16 g
Cholesterol	0.00 mg	0.00 mg
Iron	1.20 mg	2.40 mg
Calcium	26.49 mg	52.97 mg
Sodium	197.50 mg	395 mg
Potassium	249.90 mg	499.79 mg
Vitamin A	0.00 IU	0.00 IU
Vitamin C	0.46 mg	0.92 mg

SERVING SIZE WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.80 oz	1/4 cup vegetable legume equivalent	32	192
5.6 oz	1/2 cup vegetable legume equivalent	16	96
2.75 oz	1 oz meat/meat alternate	32.5	195
4.16 oz	1.5 oz meat/meat alternate	21.5	129

Ingredients: PINTO BEANS (DRY), SALT.

Package Weight: 1.64 pounds

Recipe Weight as Prepared: 5.6 pounds

Dry Bean Content: 1.64 pounds x 0.98 (% of Package Weight of which is bean) = 1.6 pounds

Food Buying Guide Yield:

- 1 pound = 20.5 quarter cup Vegetable: Legume Servings
- 1 pound = 20.5 M/MMA ounce equivalents
- 1 pound = 13.6 M/MMA 1.5 ounce equivalents

Servings Per Package/Recipe As Prepared:

- 1.6 pounds of Dry Beans per package X 20.5 per pound yield = 32.8 quarter cups divided by 4 = 8.2 cups=
- 32 quarter cup Vegetable: Legume Servings; or
- 16 half cup Vegetable: Legume Servings; or
- 32.5 M/MMA one ounce equivalents; or
- 1.6 pounds of Dry Beans per package X 13.6 per pound yield = 21.76 1.5 M/MMA ounce equivalents=
- 21.5 M/MMA 1.5 ounce equivalents
- 5.6 pounds of Beans as prepared divided by:
- 32 quarter cup servings = 0.175 pounds (2.8 oz.) per quarter cup Vegetable Legume serving; or
- 16 half cup servings = 0.35 pounds (5.6 oz.) per half cup Vegetable Legume serving; or
- 32.5 one ounce equivalents = 0.172 pounds (2.75 oz.) per 1 MA one ounce equivalents; or
- 21.5 1.5 ounce equivalents = 0.26 pounds (4.16 oz.) per MA 1.5 ounce equivalents

I certify that the above information is true and correct when prepared according to directions.

KR Zaugg

Keith Zaugg, Director QRO

Santiago® Smart Servings™ Low Fat Vegetarian Refried Beans w/ Whole Beans, 120 half-cup servings per case, convenient, 6/26.25oz pouches

SKU 10302

PACKAGING

GTIN:	10011140103022	Shelf Life:	270 Days (minimum)
Kosher (O-U):	No	Case Gross Weight (imperial):	10.78 LB
Unit Quantity:	6	Unit Size:	26.25 OZ



GENERAL DESCRIPTION

Enjoy the authentic taste and texture of scratch made refried beans in just minutes with Santiago® "Speed Scratch" Refried Beans. We have washed, soaked, pre-cooked, seasoned, and dried our beans to save you time and labor. Our proprietary drying process locks in the from scratch taste, texture, and aroma patrons demand. To prepare simply add boiling water, set, and serve. These vegetarian beans are made without oil to offer a healthful, low fat, high protein option. Only 1 gram of fat per serving, 0 grams saturated fat, and 0 grams trans fat. This product is made with no preservatives, no artificial colors or flavors. Ready in 25 minutes. A value product with 20 half-cup servings per pouch and 120 half-cup servings per case. Participates in Value Plus foodservice operator program.

NUTRITION

Nutrition Facts

Serving Size About 1/2 cup Unprepared, About 1/2 cup Prepared

Amount Per Serving

Calories 140

Calories from Fat 5

Energy 140

% Daily Value*

Total Fat 0.5 g

1%

Saturated Fat 0 g

0%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 320 mg

13%

Total Carbohydrate 24 g

8%

Dietary Fiber 8 g

32%

Sugars 0 g

Protein 8 g

Vitamin A 0 %

Vitamin C 2 %

Calcium 4 %

Iron 10 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

SERVING SUGGESTIONS

Santiago® Refried Beans are an authentic Mexican style bean - perfect as a side or ingredient. Mix in ingredients for delicious variations such as Chorizo & Cinnamon, Tequila & Lime, Mole & Beer, or Chipotle & Chicharrones. Or add to Mexican favorites such as tacos or burritos.

PREPARATION AND COOKING INSTRUCTIONS

Step 1: Pour 1 pouch of Santiago® Beans into 4 inch deep half steamtable pan. Step 2: Quickly pour 1/2 gallon boiling water over beans and cover. Step 3: Allow beans to sit on steamtable for 25 minutes. Step 4: Season, stir, serve.

LIST OF INGREDIENTS

PINTO BEANS (DRY), SALT.

PACKAGING/STORAGE INFORMATION

Store cool dry (less than 80 degrees F)

OTHER INFORMATION

Product of US



Child Nutrition Meal Pattern Contribution

Basic American Foods SKU 54914

Santiago® Vegetarian Refried Beans w/Whole Beans 6/27.09 oz pouch



Nutrition Information

Santiago® Vegetarian Refried Beans w/Whole Beans

USDA Vegetable and Meat Alternate Contribution Equivalent	¼ cup	½ cup
	(24.03) g	(48.05) g
Calories	88.65	177.30
Protein	5.20 g	10.39 g
Carbohydrate	15.04 g	30.08 g
Dietary Fiber	5.19 g	10.38 g
Sugars	0.20 g	0.39 g
Total Fat	0.86 g	1.71 g
Trans Fat	0.01 g	0.01 g
Saturated Fat	0.33 g	0.65 g
Cholesterol	0.00 mg	0.00 mg
Iron	1.21 mg	2.41 mg
Calcium	26.72 mg	53.44 mg
Sodium	317.87 mg	635.74 mg
Potassium	251.44 mg	502.88 mg
Vitamin A	0.00 IU	0.00 IU
Vitamin C	0.46 mg	0.92 mg

SERVING SIZE WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.84 oz	1/4 cup vegetable legume equivalent	32	192
5.69 oz	1/2 cup vegetable legume equivalent	16	96
2.84 oz	1 oz meat/meat alternate	32	192
4.33 oz	1.5 oz meat/meat alternate	21	126

Ingredients: PINTO BEANS (DRY), SALT, PALM OIL.

Package Weight: 1.69 pounds

Recipe Weight as Prepared: 5.7 pounds

Dry Bean Content: 1.69 pounds x 0.94 (% of Package Weight of which is bean) = 1.58 pounds

Food Buying Guide Yield:

- 1 pound = 20.5 quarter cup Vegetable: Legume Servings
- 1 pound = 20.5 M/MA ounce equivalents
- 1 pound = 13.6 M/MA 1.5 ounce equivalents

Servings Per Package/Recipe As Prepared:

- 1.58 pounds of Dry Beans per package X 20.5 per pound yield = 32.39 quarter cups divided by 4 = 8.09 cups=
 - 32 quarter cup Vegetable: Legume Servings; or
 - 16 half cup Vegetable: Legume Servings; or
 - 32 M/MA one ounce equivalents; or
- 1.58 pounds of Dry Beans per package X 13.6 per pound yield = 21.48 1.5 M/MA ounce equivalents=
 - 21 M/MA 1.5 ounce equivalents
- 5.7 pounds of Beans as prepared divided by:
 - 32 quarter cup servings = 0.178 pounds (2.84 oz.) per quarter cup Vegetable Legume serving; or
 - 16 half cup servings = 0.356 pounds (5.69 oz.) per half cup Vegetable Legume serving; or
 - 32 one ounce equivalents = 0.178 pounds (2.84 oz.) per 1 MA one ounce equivalents; or
 - 21 1.5 ounce equivalents = 0.271 pounds (4.33 oz.) per MA 1.5 ounce equivalents

I certify that the above information is true and correct when prepared according to directions.

KR Zaugg

Keith Zaugg, Director QRO

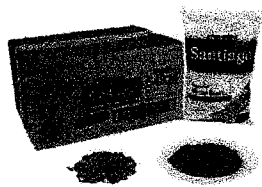
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Santiago® Vegetarian Refried Beans w/Whole Beans, 120 half-cup servings per case, convenient, 6/27.09 oz pouches

SKU 54914

PACKAGING

GTIN:	10011140549141	Shelf Life:	270 Days (minimum)
Kosher (O-U):	No	Case Gross Weight (imperial):	11.09 LB
Unit Quantity:	6	Unit Size:	27.09 OZ



GENERAL DESCRIPTION

Enjoy the authentic taste and texture of scratch made refried beans in just minutes with Santiago® "Speed Scratch" Refried Beans. We have washed, soaked, pre-cooked, seasoned, and dried our beans to save you time and labor. Our proprietary drying process locks in the from scratch taste, texture, and aroma patrons demand. This product is made with no preservatives, no artificial colors or flavors. To prepare simply add boiling water, set, and serve. Great tasting vegetarian beans. Ready in 25 minutes. A value product with 20 half-cup servings per pouch and 120 half-cup servings per case. Participates in Value Plus foodservice operator programs.

NUTRITION

Nutrition Facts

Serving Size About 1/3 cup Unprepared, About 1/2 cup Prepared

Amount Per Serving

Calories 140
Energy 140

Calories from Fat 10

	% Daily Value*
Total Fat 1.5 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 490 mg	20%
Total Carbohydrate 23 g	8%
Dietary Fiber 8 g	32%
Sugars 0 g	
Protein 8 g	

Vitamin A 0 % • Vitamin C 2 %
Calcium 4 % • Iron 10 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

SERVING SUGGESTIONS

Santiago® Refried Beans are an authentic Mexican style bean - perfect as a side or ingredient. Mix in ingredients for delicious variations such as Chorizo & Cinnamon, Tequila & Lime, Mole & Beer, or Chipotle & Chicharrones. Or add to Mexican favorites such as tacos or burritos.

PREPARATION AND COOKING INSTRUCTIONS

Step 1: Pour 1 pouch of Santiago® Beans into 4 inch deep half steamtable pan. Step 2: Quickly pour 1/2 gallon boiling water over beans and cover. Step 3: Allow beans to sit on steamtable for 25 minutes. Step 4: Season, stir, serve.

LIST OF INGREDIENTS

PINTO BEANS (DRY), SALT, PALM OIL.

PACKAGING/STORAGE INFORMATION

Store cool dry (less than 80 degrees F)

OTHER INFORMATION

Product of US

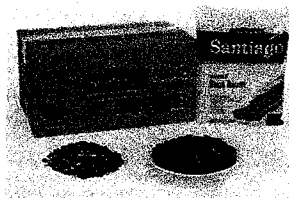


Santiago® Seasoned Vegetarian Black Beans, 120 half-cup servings per case, convenient, 6/26.9 oz pouches

SKU 60045

PACKAGING

GTIN:	10011140600453	Shelf Life:	270 Days (minimum)
Kosher (O-U):	PAREVE	Case Gross Weight (imperial):	10.71 LB
Unit Quantity:	6	Unit Size:	26.9 OZ



GENERAL DESCRIPTION

Enjoy the authentic taste and texture of scratch made beans in just minutes with Santiago® "Speed Scratch" Black Beans. We have washed, soaked, pre-cooked, seasoned, and dried our beans to save you time and labor. Our proprietary drying process locks in the from scratch taste, texture, and aroma patrons demand. To prepare simply add boiling water, set, and serve. This is a nutritious and versatile menu item for creating on trend dishes. Ready in 40 minutes. A value product with 20 half-cup servings per pouch and 120 half-cup servings per case. Participates in Value Plus foodservice operator program.

NUTRITION

Nutrition Facts

Serving Size 130 grams prepared

Amount Per Serving

Calories 140

Calories from Fat 10

Energy 140

% Daily Value*

Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 25g	8%
Dietary Fiber 8g	32%
Sugars 2g	
Protein 8g	

Vitamin A 0%

Vitamin C 0%

Calcium 4%

Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

SERVING SUGGESTIONS

Our Santiago® Black Beans are a nutritious and versatile menu item – perfect as a side or ingredient. Mix in red peppers, fruit juices, and spices for a Caribbean style dip, add to classic menu items such as enchiladas, or use to top salads.

PREPARATION AND COOKING INSTRUCTIONS

Step 1: Pour 1 pouch of Santiago® Beans into 4 inch deep half steamtable pan. Step 2: Quickly pour 1/2 gallon boiling water over beans and cover. Step 3: Allow beans to sit on steamtable for 40 minutes. Step 4: Season, stir, serve.

LIST OF INGREDIENTS

BLACK BEANS (DRY), SUGAR, SALT, ONION, PALM OIL, GARLIC, CALCIUM CHLORIDE, NATURAL FLAVOR, SPICE.

PACKAGING/STORAGE INFORMATION

Store cool dry (less than 80 degrees F)

OTHER INFORMATION

Product of US



Child Nutrition Meal Pattern Contribution
Basic American Foods SKU 60045
Santiago® Seasoned Vegetarian Black Beans, 6/26.9 oz pouches



Nutrition Information		
Santiago® Seasoned Vegetarian Black Beans		
USDA Vegetable and Meat Alternate Contribution Equivalent	¼ cup (25.53) g	½ cup (51.05) g
Calories	96.34	192.68
Protein	5.61 g	11.21 g
Carbohydrate	16.93 g	33.85 g
Dietary Fiber	5.53 g	11.05 g
Sugars	1.29 g	2.57 g
Total Fat	0.69 g	1.38 g
Trans Fat	0.01 g	0.01 g
Saturated Fat	0.26 g	0.52 g
Cholesterol	0.00 mg	0.00 mg
Iron	1.35 mg	2.69 mg
Calcium	23.23 mg	46.46 mg
Sodium	223.61 mg	447.22 mg
Potassium	222.70 mg	445.39 mg
Vitamin A	3.98 IU	7.96 IU
Vitamin C	0.06 mg	0.11 mg

SERVING SIZE WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
3.04 oz	1/4 cup vegetable legume equivalent	30	180
6.08 oz	1/2 cup vegetable legume equivalent	15	90
2.97 oz	1 oz meat/meat alternate	30.5	183
4.44 oz	1.5 oz meat/meat alternate	20.5	123

Ingredients: BLACK BEANS (DRY), SUGAR, SALT, ONION, PALM OIL, GARLIC, CALCIUM CHLORIDE, NATURAL FLAVOR, SPICE.

Package Weight: 1.68 pounds

Recipe Weight as Prepared: 5.7 pounds

Dry Bean Content: 1.68 pounds x 0.90 (% of Package Weight of which is bean) = 1.51 pounds

Food Buying Guide Yield:

- 1 pound = 20.5 quarter cup Vegetable: Legume Servings
- 1 pound = 20.5 M/MA ounce equivalents
- 1 pound = 13.6 M/MA 1.5 ounce equivalents

Servings Per Package/Recipe As Prepared:

- 1.51 pounds of Dry Beans per package X 20.5 per pound yield = 30.95 quarter cups divided by 4 = 7.73 cups=
- 30 quarter cup Vegetable: Legume Servings; or
- 15 half cup Vegetable: Legume Servings; or
- 30.5 M/MA one ounce equivalents; or
- 1.51 pounds of Dry Beans per package X 13.6 per pound yield = 20.53 1.5 M/MA ounce equivalents=
- 20.5 M/MA 1.5 ounce equivalents
- 5.7 pounds of Beans as prepared divided by:
- 30 quarter cup servings = 0.19 pounds (3.04 oz.) per quarter cup Vegetable Legume serving; or
- 15 half cup servings = 0.38 pounds (6.08 oz.) per half cup Vegetable Legume serving; or
- 30.5 one ounce equivalents = 0.186 pounds (2.97 oz.) per 1 MA one ounce equivalents; or
- 20.5 1.5 ounce equivalents = 0.278 pounds (4.44 oz.) per MA 1.5 ounce equivalents

I certify that the above information is true and correct when prepared according to directions.

KR Zaugg

Keith Zaugg, Director QRO

11/18/13
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